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# First Selectman's Corner

Dear Friends and Neighbors,

As fall ushers in the cooler temperatures, the Scarecrows have adorned the lampposts in our three villages, jumpstarting this season's events! Coming up is the 18th Annual Pumpkin Festival in Ivoryton on Saturday, October 20th; the Halloween Parade in Essex Village on October 31st; the Trees in the Rigging Carol Sing and Boat Parade on Sunday, November 25th and Ivoryton Illuminations on the first Saturday in December. I encourage you to support our local events, businesses and organizations. To find out more about what's happening in our three villages visit the Essex Board of Trade's website [essexct.com](http://essexct.com) and the Ivoryton Village Alliance website at [ivorytonalliance.org](http://ivorytonalliance.org).

With the increase in website traffic coming from smart phones and tablets, I'm pleased to announce the newly redesigned Town website, [Essexct.gov](http://Essexct.gov) on an upgraded platform with CIVICPLUS. This new responsive design will automatically reconfigure the layout of the website for different size screens and devices and offer increased security with an SSL Certificate. Please have a look and let us know what you think.

We are continuing to make progress on our goal of continuous sidewalks from the Connecticut River to Bushy Hill. Sidewalks along Main Street from the Essex Steam Train area to the center

of Centerbrook will be getting an upgrade in the spring as a result of a STEAP Grant awarded to the Town. In addition to this, a recent Connectivity Grant for \$142,500 was awarded to the Town and will fill in some of the missing links in the corridor to complete the connection.



Norm Needleman  
First Selectman

With the hurricane season still upon us, I encourage all residents to prepare an emergency supply kit and have an emergency plan in place if you haven't already done so. The Town has an Emergency Preparedness Guidebook on the website and a link to sign up for the Safer Essex Emergency Alert Program to ensure you receive important community news.

Although it's easy to leave your vehicle unlocked with valuables inside, it is unsafe. Throughout the shoreline area vehicles are being gone through and valuables taken. If the keys are in the car they take them. The thefts are occurring at an alarming rate and residents should remember to lock their vehicles, homes, and garages. In most cases, the criminals are juveniles coming in from nearby cities and targeting unlocked vehicles. A security camera **continued on page 3**

An advertisement for NYDJ Los Angeles. It features a group of seven diverse women of various ethnicities and ages, all smiling and dressed in contemporary, stylish clothing. They are posed on a white, tiered set of steps against a plain white background. The text "FIT IS EVERYTHING" is written in a bold, blue, sans-serif font on the left side. Below it, the "NYDJ. LOS ANGELES" logo is displayed. At the bottom left, there is a dark blue rectangular box with the "Saybrook Country Barn APPAREL" logo in white. At the bottom right, the address "2 Main St. Old Saybrook, CT | 860.388.0891 | www.saybrookcountrybarn.com" is printed in a small, dark font.

# events

**TM Ventures, LLC  
dba Essex Printing  
& Events Magazines**

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[www.eventsmagazines.com](http://www.eventsmagazines.com)

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## First Selectman's Corner... continued from page 1

did catch an attempted home entry with a key retrieved from a vehicle. This could escalate to a very dangerous situation. If you see something suspicious call 911 or the Essex Police Department at: 860-767-1054.

Lastly, I'd like to extend my sincere gratitude to the many residents in Town who give their time so generously to serve our community. So many of our successes are due to volunteers

who serve tirelessly on Town Boards and Commissions, who are members of the Volunteer Fire Department or Essex Ambulance, those who lend a hand to care for plantings along roadways, participate in our parade coordination, and more. We couldn't do it without you!

All the Best,  
Norm

## Economic Development Commission

Main Street, Essex Village draws thousands of tourists each year due to its proximity to the Connecticut River. To keep this a viable destination, Economic Development Commission Chair Janet Peckinpaugh submitted a project idea to the UConn Civil and Environmental Engineering Senior Design program. It has been chosen as the subject of one of 22 Senior Projects. Peckinpaugh and an EDC subcommittee will work with the design team's faculty advisor and department head

on the project throughout the school year. The students will look at ways to update parking, walking biking and beautification of the Village.

The students will be collecting data, doing preliminary calculations and assessments and proposing several design ideas. Once the top design is chosen, they will make a final report that will include, drawings, a class presentation and a public poster presentation. The Economic

Development Commission will review the proposal then make a public presentation.

"We are very excited to be partnering with UConn Engineers to come up with ideas that can help make our vision for the future a success. While Main Street, Essex Village is the main subject, we hope these findings can be applied to Centerbrook and Ivoryton as well," said Peckinpaugh.



### goPINK Project Supports Women Facing Breast Cancer this October

You can support women facing breast cancer in our community this October through the goPINK Project! Since 2010, local businesses, salons, schools and teams have raised over \$185,000 to help cover the costs of integrative medicine therapy for over 1,000 patients at Middlesex Hospital Cancer Center. Integrative medicine is a complement to conventional cancer treatment that focuses on the whole person - mind, body and spirit. Patients choose from yoga, Reiki, massage, reflexology, meditation and more, which are available at Middlesex Hospital Cancer Center in Middletown and Westbrook.

This year, Middlesex Hospital Shoreline Medical Center, 250 Flat Rock Place, will host food trucks every week in October from 11 am to 3:30 pm and will donate a percentage of sales to goPINK, including: Sugar Bakery (October 4), Taco Pacifico (October 12), Lenny & Joe's Lobster Truck (October 18) and Chris' Dog House (October 22). And don't forget the goPINK Shoreline Party, taking place at the Scotch Plains Tavern (October 23) from 5:00 to 7:00 pm (tickets sold at Scotch Plains Tavern). To learn more about the month of activities visit: [gopinkproject.com](http://gopinkproject.com).

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# Assessors' Office 2018 Revaluation Information

The Town of Essex is undergoing the state mandated revaluation project. The revaluation will be effective with the October 1, 2018 Grand List. This means that the first property tax bill you receive with the new assessed value will be due in July 2019.

A revaluation is the process of performing all the necessary market analysis, property review, and valuation steps to determine accurate and equitable values for all properties within town. The equalization of the values creates a fair distribution of the tax burden. The purpose of a revaluation is not to raise taxes but to create an equitable distribution of the tax load.

We will continue the property review process throughout the fall. Mainly properties that have recently sold or that have received building permits will be visited. Please keep in mind the following:

1. All persons driving in Town on behalf of the Assessor's Office have magnets on their vehicles identifying them as Assessors
2. Their vehicles will be on file with the Essex Police Department and First Selectman's Office

3. Any person knocking on your door for purposes of the revaluation will have a photo identification badge clearly affixed to the front of their clothing
4. They will have a letter of introduction signed by the Assessor, Jessica Sypher.

We encourage all homeowners to allow the listers to do an interior viewing of the buildings so that the Town will have the most complete and accurate information. However, this is not mandatory.

You will be receiving notice of your new property valuation before the end of the year. There will be instructions and information included with the notice if you would like to have a hearing regarding the new value.

More information on the revaluation process can be obtained from [www.vgsi.com](http://www.vgsi.com) under the "Taxpayer Information" tab and please see the "Citizens Guide to the 2018 Revaluation."

We appreciate the public's continued cooperation with this project.

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---	---	--	---	--

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William  
Pitt

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and personable and  
attentive . . . and her  
work got us the results  
we wanted."*

SOLD  
10 West Avenue, Essex  
*"Our search for the  
perfect house in  
Essex would not  
have been possible  
without Janet."*

SOLD  
41 Main Street, Essex  
*"If not for Janet's  
knowledge and  
exceptional customer  
service, we would not  
have bought this home."*

SOLD  
27 Partridge Hill Lane, Essex  
*"We listed and sold our  
house within two weeks  
with Janet's help and  
guidance.  
She's fabulous."*

SOLD  
27 Main Street, Essex  
*"The P in Peckinpaugh  
stands for patience,  
perfection and  
professionalism resulting  
in 100% satisfaction."*

SOLD  
32 Birch Mill Trail, Essex  
*"Janet went above and  
beyond to research  
and find answers  
to our questions  
and concerns."*

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OLD LYME BROKERAGE | 103 HALLS ROAD | 860.434.2400

Each Office is Independently Owned and Operated.

# Citizens Guide to the 2018 Revaluation of the Town of Essex

## TIMELINE

### January through July, 2018

- Data Collection

### August through September, 2018

- Market Analysis

### September through October, 2018

- Valuation

### October through November, 2018

- Field Review

### End November through December, 2018

- New Values Mailed to Owners
- First round of hearings

### January 31, 2019

- Grand List Finalized and Signed

### February through March, 2019

- Town Budget Process
- Board of Finance Workshops
- Public Hearings

- Board of Assessment Appeals

### May, 2019

- Public Hearing
- Budget Vote
- Board of Finance sets the Mill Rate

### July, 2019 and January, 2020

- Tax Bills are due on the New Assessments

*All dates are approximate.*

## FREQUENTLY ASKED QUESTIONS

### What is meant by revaluation?

Revaluation is a mass appraisal of all property within the town limits to equalize or bring about uniformity in assessed values.

### Why is revaluation needed?

As the above indicates, the primary purpose of a revaluation is to eliminate any assessment inequities that may have developed since the implementation of the last revaluation (2008).

A balancing or equalization of the town's real property tax burden among its taxpayers cannot be accomplished unless

revaluations of property are conducted on a regular basis.

### When will the new assessments be effective?

The revalued assessment will create the 10/1/2018 Real Estate Grand List. You will be notified by Jan. 2019 of what the new value is. The tax bill you receive in July 2019 will be based on the new value.

### Do they need to come into my house?

We encourage all homeowners to allow the "listers" to do an

Vote Democratic on Nov. 6.

**CHRISTINE PALM**

FOR STATE REPRESENTATIVE

36TH DISTRICT  
CHESTER  
DEEP RIVER  
ESSEX  
HADDAM

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interior inspection, however, you are not required to have an interior inspection.

**Isn't fair market value what I paid for my property?**  
Not always. The true test is what your property would sell for in today's real estate market.



More frequently asked questions can be found on the Town website at: [www.essexct.gov](http://www.essexct.gov).

You may also scan the QRC code at left.

## Essex Community Fund

The Essex Community Fund is pleased to welcome two new members to its Board:

**Frank Hall** lives with his wife in Essex. He has lived here for about 15 years. He retired from the CT Department of Correction as an Alcohol/Drug Treatment Program Manager in 2003 after 30 years of public service. He volunteers for a number of other local organizations such as Reader's Aloud, Shoreline Kitchen and Pantries, Essex Historical Society, FISH and Essex Conservation Commission. He joined ECF to help improve the quality of life for the resi-

dents of our community.

**Melissa Spratt** relocated from NJ to Ivoryton with her husband last year. She works as a Customer Account Manager at Pratt & Whitney. She has experience as a former Junior Board Member of the National Eating Disorders Association as well as various aerospace and defense associations. Essex is a place Melissa and her husband have admired for years and wanted to live, now making this a reality. Living here now, she wants to make a positive impact on the community. In her free time, she enjoys yoga, walks,

local wineries and breweries, and the many events and places our area has to offer.

If you're interested in joining Essex Community Fund or helping at an upcoming event, please contact us at: [www.essexcommunityfund.org](http://www.essexcommunityfund.org). And don't forget to follow us on Facebook!

Also, remember to mark your calendars for the second annual "Cheers for Charity" on March 9, 2019.



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# Town Clerk's Office

29 West Avenue, Essex, CT

## WELCOME TO CENTERBROOK, ESSEX & IVORYTON

William & Lisa Leonard	88 River Road	Essex
Kathryn M. Damico	10 Pond Meadow Road	Ivoryton
Frederick & Nicola Jones	65 Main Street Unit 30	Ivoryton
Robert & Laura Massaro	7 Conklin Avenue	Ivoryton
Jenny & Richard Graniero	50 Bokum Road, Unit 1	Essex
Stephen N. Curtis	17 Hudson Lane	Essex
Kyle Tarantino & Katherine Digianantonio	184 Main Street	Ivoryton
Marc & Laura Loew	20 No. Main Street	Essex
Kevin Orcutt	9 Deer Lane	Ivoryton
Ryan Shook & Christopher Peterson	1 Lynn Road	Ivoryton
Shahriar Mabourakh	141 Saybrook Road	Essex
Richard & Christine Spanbauer	12 Carriage Lane	Essex
Geoffrey & Gerri Smith	51 No. Main Street	Essex
Robert Parkerson	8 Evans Lane	Essex
Kyle & Caitlin McNeil	18 Rachel Lane	Ivoryton
Russell & Megan Zitting Frandsen	19 West Hills Rd.	Ivoryton
Albert Leonardo	19 Dennison Road	Essex
Emily Rapp	16 Chestnut St.	Ivoryton
Gail Horton	33 Sunset Terrace	Essex
David & Rachel Thompson	207 Westbrook Road	Essex
John G. Houston	1 Spinnaker Lane	Essex
Karen Ursini	37 Laurel Road	Essex
David McDonald & Florence Varleta	14 Hemlock Dr.	Essex
David & Anne Coleman	37 River Rd.	Essex
Sherry Van Albert	39 Prospect St.	Essex
Joseph & Meghana Brito	8 Squires Lane	Essex
Ebaa Alawaji & Faisal Alsaud	25 River Road Dr.	Essex
Spencer Waldron & Kerstin Fluegema	35 Summit St.	Ivoryton
Brian Milano	82 Woodland Dr.	Centerbrook
Patricia K. Keilty	38 No. Main St. #16	Essex
Wilian & Diana Buestan	9 Budney Rill Road	Ivoryton
Randee Gevertz	11 Mitchel Terrace	Ivoryton
David Eric & Sally S. Rosengren	24 Hilltop Ave.	Essex
Cheryl G. Sullivan	11 Blake Street	Ivoryton
Jordan & Barbara B. Welles	85 River Road, Unit H-2	Essex
Vincent & Amanda Apicella III	25 Blake St.	Ivoryton
Michael Furgueson	30 Mack Lane	Essex
Carol Capecelatro	105 Dennison Rd.	Essex
Philip & Cynthia Rischall	14 Essex Glen Dr., Unit 15	Essex
Patrick Fitzgerald & Monica Purcel	26 Hudson Lane	Essex
Earl Potter IV	16 Parker Terrace	Essex
Vincent & Jeanette Scamporino	27 So. Main St. Unit 10	Essex
Evelyn Whitcomb	14 Essex Glen Dr. Unit 21	Essex
Brian Donahue & Robin Boyer	18 Rosewood Lane	Ivoryton
Megan Nielsen & Carpenter	26 Brooks Lane	Ivoryton
Leslie Ryan	83 Lynn Road	Ivoryton
Douglas & Jada Loutit	49 No. Main St.	Essex
Amy L. Grinsfelder & Stephen S. Czaplak	54 Mares Hill Road	Essex

**LOSS OF RESIDENTS & FRIENDS**

**May**

Marjorie E. Gillie  
Gerard E. Bonin  
Roberta M. Clarke  
James Zarella  
Julie K. Cunningham  
Eleanor Collins  
John J. Cahill  
Francis Fitzgerald

**June**

Eileen Torrenti  
Robert B. Dixon  
Duane C. Fresia  
Douglas J. Bennet Jr.  
Joan Novarro  
Silvio J. Zanni  
Winthrop P. White  
Wendy A. Wilcox  
Lillian D. Olup

**July**

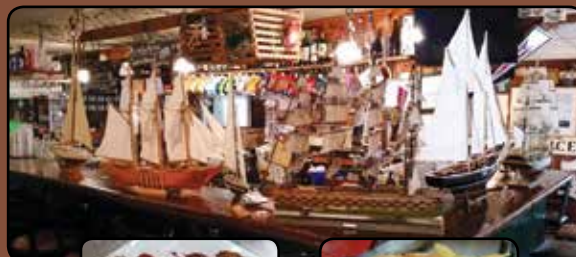
Joanne M Lauder  
Richard B. Rogers  
Richard L. Dyer  
Wendy A. Wilcox  
Lillian D. Ollup  
Richard A. Dibble  
Linda D. Ward

**August**

Jorge R. Carreira  
Edward Lombardi  
Norma Motta  
Grace S. Rowe  
Donald K. Connor

Respectfully submitted,  
Yvonne Roziak  
Assistant Town Clerk

# THE Ivoryton Tavern & Cafe



**Breakfast Hours**

Tues-Fri 6:00 am – 9:45 am  
Sat. 7:00 am – 9:45 am  
Sun. 7:00 am – 10:15 am

**Lunch/Dinner Hours**

Tues-Wed: 11:30a.m. – 8:30p.m./Bar 9:30p.m.  
Thurs-Sat: 11:30a.m. – 9:00p.m./Bar 10:30p.m.  
Sunday: 12:00p.m. – 8:15p.m./Bar 9:00p.m.

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Essex, CT

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# Energy Assistance - Winter Heating Program 2018-2019

The Connecticut Energy Assistance Program (CEAP) is designed to help offset the winter heating costs of Connecticut's lower income households, specifically those households whose income falls at or below 60 percent of the state median income. CEAP is funded by the U.S. Department of Health and Human Services' Low Income Home Energy Assistance Program (LIHEAP) Block Grant. The Connecticut Department of Social Services administers CEAP, in collaboration with its partners, Community Action Agencies across the state.

Winter heating assistance pays for a household's primary heating source such as oil, natural gas, electricity, propane, kerosene, coal, wood and wood pellets on behalf of eligible households. The amount of heat assistance may not be sufficient to cover a household's entire winter heating cost. Homeowners and renters

may apply. Benefits are available to households with incomes up to sixty percent of the state median income.

Liquid assets include: checking, savings, CD's, stocks/shares, bonds, annuities, certificates of deposit and individual retirement accounts. Individual Retirement Accounts are considered to be liquid assets if the accounts are in the name of a household member who is 59-and-one-half years old or more. The purpose of the liquid assets test is to try to ensure that winter heating assistance dollars go to households most in need; that is, to people without the financial means to heat their home. For homeowners, the first \$15,000 in liquid assets, and for other households, the first \$12,000 in liquid assets, is disregarded. Any amount over that limit, when added to the annual gross income must be below the income guidelines. Income & "liquid asset test" applies all those

**Household Size** - includes homeowners and renters that pay separately for heat, and renters whose heat is included in the rent, as long as more than 30% of gross income is paid towards rent.

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
Under	Under	Under	Under	Under	Under	Under	Under
\$35,116	45,920	56,725	67,530	78,335	89,140	91,166	93,191

**\*\*A liquid assets test is an additional basic eligibility requirement. \*\***



**NEWLY PRICED**

19 Riverview Street, Essex

Sited to maximize the striking exposures of the Connecticut River and Long Island Sound from its magnificent North Cove waterfront setting. Exquisitely constructed and beautifully designed. Offered at \$3,100,000



**SOLD**

120 River Road, Essex

Offered at \$995,000



**INTRODUCING**

16 Bank Lane, Essex

Located on a picturesque lane in the historic village of Essex, this transformed Middle Cove waterfront home originally served as a spare barn where merchant ship masts were crafted in the 1800's. Offered at \$1,785,000



**NEWLY PRICED**

28 Mallard Point Road, Essex

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Jennifer Caulfield Jane Pfeffer

860.388.7710 860.227.6634

jenniferandjane@wpsir.com



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williampitt.com



**INTRODUCING**

21 Kings Lane, Essex

This completely renovated and expanded shingle style home exudes elegance and comfort, boasting the finest design, workmanship and materials. Offered at \$895,000


Essex Brokerage | 13 Main Street | 860.767.7488 | Old Lyme Brokerage | 103 Halls Road | 860.434.2400

Each Office is Independently Owned and Operated. ©

\*Source: Broker/Metrics, SmartMDS, closed sales for residential single family homes, lots and land in New London, New Haven, Middlesex Counties 1/1/17-12/31/17

over the age of 18 living in the household and will be included to determine eligibility.

The Connecticut Energy Assistance Program is administered by the Department of Social Services, and coordinated by regional Community Action Agencies, in cooperation with municipal and other non-profit human service agencies. You can also contact 2-1-1, United Way or the DSS Office of Community Services at: 1-800-842-1132 for contact information on the intake site closest to where you reside. The Town of Essex Department of Social Services began intake applications on October 1st. Applications are by appointment only please contact us at 860-767-4340 x201 or via email at: mbarnes@essexct.gov to schedule an appointment.



**2-1-1**  
Get Connected. Get Answers.

**WHAT IS 2-1-1?**  
It is Connecticut's free and confidential information and referral service. By calling 2-1-1, a toll-free number throughout CT, callers can reach knowledgeable, multilingual staff and get information, referrals or seek help in a crisis. 2-1-1 operates 24 hours-a-day, every day of the year. TDD access is available.

Visit the website for more information: <http://www.211.org/#>

**HOLIDAY SHOW**  
Coney Island Christmas  
December 13th - 23rd



**TICKETS ON SALE NOW!**



**ONCE**  
SEPTEMBER 19TH - OCTOBER 14TH



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Paid for by Siegrist 2018. Carolyn Kane, Treasurer.  
Approved by Bob Siegrist.

# The Essex Board of Trade Continues "1st Thursdays" in November & December!



Cruise Night at Olive Oyl's attracts community members of all ages... including our furry friends.

Due to the community's enthusiasm this summer and fall for 1st Thursdays - themed shopping/dining events on the first Thursday of each month - the Essex Board of Trade (EBOT) is excited to add November and December to the calendar. Same time, same place: 5:00 pm, Main Street in Essex Village; participating retailers stay open until at least 7:00 pm.

Amy Cameron, President of the EBOT, says, "Since launching 1st Thursdays in June, Essex has firmly established a lively evening component to its Main Street experience. I'd like to give a special shout out to the Connecticut River Museum, The Griswold Inn, and Olive Oyl's Cuisine for anchoring these al fresco evenings with various combinations of live music, festive food, and drink specials. The classic car show at Olive Oyl's has been a big hit, as has Essex Park & Recreation's outdoor yoga in Main Street Park. All these activities have encouraged the community to come to Main Street to shop, dine, stroll, and visit with neighbors in a relaxing, festive environment."

## NEXT UP:

### November 1 - Tis' the Season for Giving & Thanks

EBOT is encouraging holiday shoppers to buy early and give to those in need. Participating merchants will "pay it forward" by donating 20% of proceeds from November 1 sales to the Shoreline Soup Kitchen. Or, grab someone you'd like to extend a thanks to and invite them to one of our Essex restaurants for an enjoyable meal.

### December 6 - Holly Jolly Sip, Shop & Stroll

As the gifting season ramps up, an evening in our picturesque

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Essex Village makes it all the more festive! Stores, doors and windows will be holiday decorated and street lights will be wrapped in garland and lights. Retailers will be offering door prizes with festive bites and sips. Child and Family Agency's "Festival of Trees," at 19 Main Street, will be open for visitors to pick out their favorite tree and enter a raffle to win one. And,

who knows, perhaps a little snow covering will make the evening more magical!

For a full list of retail and restaurant special offerings (*not available at press time*) for 1st Thursdays, please visit: <http://essexct.com/events/>.

## Pumpkin Festival



Pumpkin  
Ghoul  
2017

### IVORYTON VILLAGE CELEBRATES THE 18TH ANNUAL PUMPKIN FESTIVAL

Come out and celebrate by visiting the historic downtown village of Ivoryton on Saturday, October 20, 2018. The 18th Annual Ivoryton Pumpkin Festival brings more than 1500 visitors to the green for FREE festival activities! This festival is all the best traditions of autumn and Halloween! It is a great time for the entire family and we encourage the Halloween spirit with costumes!

Be sure to take the Great Pumpkin Challenge! We need families, groups,

community organization and local businesses to bring carved pumpkins to the Ivoryton Village Green from 2:00 pm - 4:00 pm. The festival will be filled with exciting events and activities for the entire family to enjoy.

Start the morning off right with the Ivoryton Library's Pumpkin Chase a 5k Walk or Run through the Historic Village of Ivoryton. The Library will also host a Kids Fun Run. Registration starts at 7:30 am at the Ivoryton Green with the Fun Run at 8:45 am and Chase at 9:15 am.

continued on page 14

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**Pumpkin Festival... continued from page 13**



Pumpkins and little girls 2017.

Then Join Bushy Hill Nature Center 10:00 am - noon on their Nature Center front lawn located at 253 Bushy Hill Rd. Ivoryton, CT - for a Pre-Festival Pumpkin Carving Party. All ages and abilities are invited to create a carved masterpiece that will be on display at the festival's lighted Pumpkin Stroll. Special thanks to the Ivoryton Business Alliance and Bushy Hill Nature Center at Incarnation Center for providing pumpkins.

Starting at 4:30 pm - Bohemian Body Art will be at the Ivoryton Playhouse's side patio to add the final touches onto your costume! Alongside Bohemian Body Art, and NEW this year, Dance Instructor Jennifer Erkkila will lead our littlest guests with the "Halloween Boogie" on the Ivoryton Playhouse's side patio from 4:30 pm - 5:00 pm.

Satisfy your sweet tooth with cookie decorating with the volunteers from Child & Family Services of Southeastern Connecticut from 5:00 pm-7:00 pm at the Ivoryton Village Green.

Enjoy a not so scary horse drawn hayride sponsored by the Park & Recreation Commission. Rides will leave from the Village Green from 4:30 pm - 7:30 pm. If you are ready to be spooked, don't miss the Haunted Happenings at the Ivoryton Library from 5:00 pm - 7:30 pm.

From 6:00 - 7:30 pm enjoy the classic antics of Scooby Doo on the Big Screen presented by Ivoryton Library and Essex Park and Rec. next to Brickside Pizza! Back again, "Federation" will be providing live music from the Gazebo from 5:00 pm - 7:30 pm.

Enjoy free refreshments, courtesy of The Essex Lions Club, All Saints Church, Be A Voice & Essex Park and Recreation Commission - while they last @The Ivoryton Playhouse patio also starting from 5:00 pm.

Don't forget to take a stroll around the village and take in the sights of the beautifully carved pumpkins on display. Pumpkin Lighting begins at 5 pm. (pumpkins must be picked up between 7:00 - 7:30 pm - Sharp!)

For more information regarding the Ivoryton Village Pumpkin Festival, please call: 460-767-4340 x138 or visit: [www.essexct.recdesk.com](http://www.essexct.recdesk.com).

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# SCEH - Sister Cities Essex & Deschapelles, Haiti

## A SUMMER OF ENRICHMENT FOR THE PEOPLE OF DESCHAPELLES, HAITI

Competing in tennis tournaments, attending summer music camp and workshops in gardening, nutrition and arts and crafts –this is a sampling of activities held last summer and made possible by Sister Cities Essex Haiti supporters for their sister city family of Deschapelles, Haiti.

Sister Cities Essex Haiti (SCEH), a non-profit organization formed after the earthquake of 2010, has been actively working with their Sister City –Deschapelles on projects to expand educational and cultural opportunities.

The 3000 square foot community library in Deschapelles opened in 2016 and has proven to be a vital center for the community. As well as providing a well-lit, mosquito-free place for students to study during the school year, the library serves as a muse for program development. Clubs have formed and workshops are held monthly. Day-camps for kids were held this past summer at the library.

The Tennis and Music programs in Deschapelles have been steadily building since their inception seven years ago. This past summer members of the Deschapelles tennis team attended several tournaments. Eight team members won trophies at the tourna-



SCEH supports a tennis program with Sister City - Deschapelles, Haiti. Eight tennis team members placed and received trophies at the tournament at Olympic Stadium in Port au Prince on August 25th.

ment at Olympic Stadium in Port au Prince on August 25th. A Band Camp, run by the classically trained musicians from Port au Prince, was held in August in Deschapelles. Daily classes included music theory, sectionals and band rehearsals.

To learn more about Sister Cities Essex Haiti Projects and Deschapelles, Haiti go to: [www.sistercitiesessexhaiti.org](http://www.sistercitiesessexhaiti.org). To inquire about how you might get involved: [info@sistercitiesessexhaiti.org](mailto:info@sistercitiesessexhaiti.org).

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## Essex Social Services kicks off 2018 Holiday Gift Program Fund Drive

It's that time of year again when Essex Social Services asks the public and local businesses to open their hearts and make donations to help Essex children during the holiday season to ensure that it is a positive and uplifting time of year for all. Last year, the program brought holiday gifts to about 90 children.

The Holiday Gift Program is a collaborative effort between Essex Elementary School and Essex Town Social Services to collect and allocate gifts and grocery card to Essex's neediest families. This year we will once again be collecting monetary donations to enable us to purchase gift cards for the families (we will be supplying gift cards for: i.e., toys, clothes, and accessories, electronics, sporting goods, movie passes... ) Or, we are happy to accept your donations already in the form of a gift card. Also, each family will be provided with a grocery store gift card to purchase their holiday meal.

We are excited about this year's program. By providing gift cards, rather than gifts we are able to streamline and maximize our efforts, and involved all members of our Essex community. Additionally, providing parents with gift cards with which to shop gives them more independence, autonomy and choice to individualize their gift giving to their children. The bonus of this is that not only do the children get the gifts that are most meaningful to them, but we have also given the gift of joy to the parents, allowing them to do the shopping and pick out that special something they want their child to receive!

The contact person for the 2018 holiday season is Mary Ellen Barnes, of Essex Social Services. Please mail your donation (gift cards or check payable to: "Town of Essex Social Services Assistance Fund") to 29 West Avenue, Essex, CT. 06426 - ATT: Mary Ellen Barnes.)

Submit your donation by December 1st. Donations will be put together to purchase the gift cards for our 40+ identified families to help make their holidays bright!

Your group's generosity and spirit truly makes a difference. Thank you, in advance, for your continued goodwill-for giving time, energy, resources and support in the present for the common good of our collective future. May this holiday season find each of you happy, healthy, warm, and at peace.

For those who would like to know more about eligibility and how your child can participate in our holiday gift program please contact Essex Social Services at: 860-767-4340 x201 or mbarnes@essexct.gov.

## Estuary Council Regional Senior Center

220 Main Street, Old Saybrook | 860-388-1611

The Estuary Council of Seniors, Inc. is a community center for the region's residents over 50 years old providing meals, transportation, health services, educational classes, exercise programs, and socialization activities. We have been promoting healthy and active lifestyles through quality programs and services in the nine-town Estuary region for over 40 years. Please visit us at: [www.ecsenior.org](http://www.ecsenior.org) for additional information or call us at: 860.388.1611.

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Maria Lucarelli, Assistant	x112	mlucarelli@essexct.gov
Betsy D'Amico, Alyson Finnegan	x145	afinnegan@essexct.gov
ANIMAL CONTROL OFFICER		
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ASSESSOR		
Jessica Sypher, Assessor	x124	jsypher@essexct.gov
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John Planas, Fire Marshal	x146	jplanas@essexct.gov
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LANDFILL/RECYCLING CENTER		
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Bill Armstead		
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Ryan Welch, Director	860-767-0715	
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Joe Budrow, Enforcement Agent	x115	jbudrow@essexct.gov
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Every player we coach, we leave a lasting impact. There is no way around this; you will influence every player you encounter. What will your influence be? Will it be something positive and affirming that bolsters your athletes and serves them throughout life? Will it be a more fulfilling experience for you and your players, more enjoyable, and more successful?

I believe that being a coach is so much more than running a bunch of practices and organizing kids for games. It is about connecting with your players as people first, and athletes second.

**It is about being passionate,** and loving the game you teach, so your players will play with passion and love.

**It is about empathy,** making every player feel important, and giving him or her a role on the team.

**It is about integrity and consistency** for kids during good times and bad.

**It is about being a model of the behavior** you expect from your athletes, both on and off field of battle.

**It is about being a teacher,** not only of the X's and O's of a sport, but about life, about optimism, about persistence, and about character.

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Essex Park and Recreation needs great basketball coaches for our Winter Youth Basketball League more than ever before. They need you!

### ARE YOU READY?

If you're interested or have any questions, please contact the Essex Park and Recreation Department at: 860-767-4340 x148 or [recreation@essexct.gov](mailto:recreation@essexct.gov). All first-time coaches are required to fill out a Coaching Application and background check form. Contact Park and Rec. for an application. If you offer to coach but we cannot

accommodate your schedule, then please volunteer to help!

Visit our webpage: [www.essexct.recdesk.doc](http://www.essexct.recdesk.doc) for more information about coaching or to sign your child up for Youth Basketball!



## Child & Family Agency of Southeastern CT - Festival of Trees

Beginning after Thanksgiving and through December 8th, please join the Child & Family Agency of Southeastern CT in partnership with local merchants for the second biennial Festival of Trees. Beautifully decorated holiday trees will be displayed in shops throughout Essex and also in a tree gallery located on Main Street in Essex Village. Visitors will be able to buy tickets to take a chance to win their favorite tree. Drawings will be held on December 8th, after which winners will be able to take their tree home. Visit [childandfamilyagency.org](http://childandfamilyagency.org) for more information.



## ESSEX LIBRARY ASSOCIATION

Your Community Center for Lifelong Learning and Cultural Enrichment

One of the benefits of our membership in the LION library consortium is that it enables us to offer access to OverDrive - a collection that consists of thousands of downloadable audio and ebooks. The only downside, however, is that we share this collection with the other 29 LION member libraries, which can lead to long wait times for popular titles, a situation that we know can be frustrating. In response, the Essex

Library recently began offering "Essex Exclusives" - an assortment of digital resources including Acorn TV and a collection of downloadable audio and ebooks that are available to residents of Essex only.




Library recently began offering "Essex Exclusives" - an assortment of digital resources including Acorn TV and a collection of downloadable audio and ebooks that are available to residents of Essex only.

Essex Exclusives content is provided by RBDigital. If you already have an RBDigital account that you've been using to download digital magazines, you will need to set up a new account with RBDigital when you click on the Essex Exclusives icon on our home page. We realize that learning how to use a new

app can be confusing, so don't hesitate to stop in for a demo if you're not sure how the Essex Exclusives interface works.

Our initial selection of titles includes works that we know are popular with Essex patrons such as *An American Marriage* by Tayari Jones, *Calypso* by David Sedaris, and Stephen King's *The Intruder*, just to name a few. So far, however, we've noticed that not many people are taking advantage of this opportunity to "jump the queue" for these books by using Essex Exclusives as an alternative to the separate OverDrive collection. So please take advantage of this great opportunity to get earlier access to popular downloadable materials.



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# Friends of the Essex Library

## FALL BOOK SALE AT THE ESSEX LIBRARY

This year's Annual Fall Sale is a two-day event commencing Saturday, Oct 27th with doors open from 9:00 am to 4:00 pm. From 2:30 - 4:00 pm books will sell for half price.

The Fill your Bag for \$5 Sale will be on Monday, Oct 29th from 10:00 am - 5:00 pm. You are invited to bring your own tote or paper bag. Free paper bags will also be available at the library.

Specific information about the sale, including a collection of signed books and particularly interesting books, will be on the Essex Library website two weeks prior to the sale. Go to: [www.youressexlibrary.org](http://www.youressexlibrary.org), click on "Friends" and then on the "Book Sale" page.

Sale categories include fiction, non-fiction, mystery, history, biographies, sports, maritime, cookbooks, gardening, art, children's books, paperbacks and a nice collection of coffee table books.

After the Big Fall Sale don't forget to mark your calendar to visit the Library between November 21st and January 2nd for our famous Holiday Sale. We always have many new and like-new books, games and CDs at great prices for fun gift giving.

## FUN FOR THE ENTIRE FAMILY: MINI GOLF IN THE ESSEX LIBRARY

Friends of the Essex Library will host Putt Fore the Essex Library, a first-time event that will transform the entire Essex Library into a miniature golf course. This fun event takes place on January 25th & 26th, 2019. There will be special events for teens, adults, and the entire family.

The mini-golf course will wind its way through the library, with each hole uniquely designed by local merchant sponsors. Putt Fore the Essex Library is a new way for everyone in the family to have fun and support the vital and varied services the library brings to our community. Look for more information in the coming months at: [www.youressexlibrary.org](http://www.youressexlibrary.org).

# Essex - Community Listings

## CHURCHES

All Saints Episcopal Church.....	(860) 767-1698
First Baptist Church.....	(860) 767-8623
First Congregational Church .....	(860) 767-8097
Ivoryton Congregational Church.....	(860) 767-1004
Our Lady of Sorrows Church .....	(860) 767-1284
St. John's Episcopal Church.....	(860) 767-8095
Trinity Lutheran Church .....	(860) 767-0228

## CLUBS AND ORGANIZATIONS

Ancient Order of Weeders.....	(860) 767-2700
Democratic Town Committee.....	(860) 767-7665
Community Foundation of Middlesex County .....	(860) 347-0025
Essex Board of Trade.....	(860) 767-3904
Essex Boy Scouts of America .....	(860) 304-9027
Essex Community Fund.....	(860) 304-2751
Essex Cub Scouts of America .....	(860) 790-0681
Essex Garden Club .....	(860) 767-2860
Essex Historical Society .....	(860) 767-0681

Essex Lion's Club.....	(860) 767-8072
Essex Land Trust.....	(860) 767-7355
Essex Little League.....	<a href="http://www.essexlittleleague.org">www.essexlittleleague.org</a>
Essex Veterans Memorial Hall .....	(860) 767-8892
F.I.S.H. ....	(860) 388-2693
Ivoryton Company of Fifers & Drummers .....	(860) 767-2237
Lower Valley Visiting Nurses .....	(860) 767-0186
Republican Town Committee.....	(860) 510-8318
SCORE .....	(860) 388-9508
The Shoreline Soup Kitchens .....	(860) 388-1988
Tri-Town Youth Services Bureau .....	(860) 526-3600
9 Town Transit .....	(860) 510-0429

## SCHOOLS

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Essex Elementary School.....	(860) 767-8215
John Winthrop Middle School.....	(860) 526-9546
Superintendent.....	(860) 526-2417
Valley Regional High School.....	(860) 526-5328

## Ivoryton Library

**RIGHT NOW AT THE IVORYTON LIBRARY, IT'S ALL PUMPKINS, ALL THE TIME!**

Our 9th annual Ivoryton Pumpkin Chase is right around the corner! Saturday, October 20 is the date for our latest 5K road & trail race. Register online at [www.aratrace.com](http://www.aratrace.com) or at the library by Thursday the 18th, or join us in the Ivoryton Park Saturday morning and sign up then.



Runners take off at the beginning of the Ivoryton Library Pumpkin Chase.

Of course, come back at 5 for the Ivoryton Village Pumpkin Festival and walk through our Haunted Library. Always spooky!

### TOY DONATIONS

Once again, the Ivoryton Library will be collecting toys for the children during this holiday season. We keep it local by partnering with Child and Family Agency who will receive all the donations and will distribute them to area families. The boxes will be up November 1 and we will be collecting well into December. Bring new, unwrapped toys any time during library hours or visit the library during Ivoryton Illuminations on Saturday, December 1 from 5-8 pm. While you're here, write a letter to Santa or send a card to our troops.

### YOUR LOCAL HISTORY

The latest in our series, "An Intimate History of Ivoryton" will look at the care and keeping of your family heirlooms. While we love receiving donations of items that help us tell the story of the history of Ivoryton and the ivory trade and manufacturing. We also recognize the importance of families retaining their special heirlooms. We want to help you preserve them in the safest way possible so will be hosting Essex Historical Society's Melissa Josefiak to explain the best ways to do just that. Look for this event at the library sometimes after the New Year.

### WE HAVE EXPANDED OUR PRESENCE ON SOCIAL MEDIA!

Find us on Facebook, Twitter and Instagram - @IvorytonLibrary. Contact us at: 860-767-1252, [staff@ivoryton.com](mailto:staff@ivoryton.com) and [www.ivorytonlibrary.org](http://www.ivorytonlibrary.org).

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**TRI-TOWN YOUTH SERVICES IS SEEKING VOLUNTEERS**

Tri-Town Youth Services coordinates and provides services dedicated to promoting the positive growth and development of youth and families in Chester, Deep River and Essex. We envision a community where all youth are able to establish strong and positive relationships with family, school, peers, and the broader community- but it takes all of us to get there!

A recent survey of middle and high school youth found that only 30% feel that this community values its young people. This surprised us, because like many of you, we believe this is a wonderful place to raise our families. So this year, we will be talking with more youth to understand why and to identify ways to promote more youth engagement throughout the tri-town community. As we gear up for a new year, we invite you to join us in our work to support youth and families. Please consider volunteering with our agency. We have many volunteer opportunities:

**JOIN THE BOARD OF DIRECTORS**

There are currently openings on Tri-Town's Board. We are seeking parent representatives from each of the communities we serve: Chester, Deep River and Essex. Board service includes attendance

at one monthly meeting; promoting our community surveys and educational events; and planning new fundraisers to help us thrive!

**BECOME A TRI-TOWN AMBASSADOR**

We would love to have a small team of volunteers who are well-versed in Tri-Town's programs and services and who can represent the agency at public events, workshops and networking days. Some ambassadors may even like to host private parent night events to meet our staff, learn more about Tri-Town and discuss important topics like social media, substance use prevention or stress management.

**COME TO A COALITION MEETING**

Did you know that 90% of people addicted to alcohol, nicotine or other drugs began using those substances before they were 18 years old? This sobering statistic comes from a comprehensive study of national data conducted by the Center on Addiction at Columbia University. It is so important for our community to understand that the experiences we have as children and teenagers have lasting effects on our brains and on our physical and emotional health throughout our lives. We invite any community members with a passion for helping people live their best lives, to come to a meeting of the Tri-Town Substance Abuse Prevention Coalition. We host monthly trainings and conversations for the


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public. Upcoming topics include: Prevention 101, Teen Alcohol Use and "The Power of Parents" with MADD. A calendar can be found at: [tritownys.org](http://tritownys.org).

### JOIN THE MENTORING TEAM

An overwhelming amount of research shows that the key to a young person's success, achievement and resiliency is the presence of at least one caring adult in their lives. More than anything, it is consistent, positive, supportive adult relationships that bring out

the best in all of us. Tri-Town is assembling a team of people interested in starting a mentoring program in our area, and expanding our teen mentoring efforts. Join us for planning meetings, work alongside a consultant and help design something that will have a lasting impact on the kids growing up here.

Please contact Allison Abramson for more information about any of these volunteer opportunities. She can be reached at: 860-526-3600 or [Allison@ttysb.org](mailto:Allison@ttysb.org).

## FISH (Friends in Service Here)

FISH was founded locally in 1970 to provide free rides to medical appointments for residents of Essex, Deep River and Chester. The officers for 2018 are: Henry May, President; Stuart Warner, Vice President; Mary Samburg, Secretary; Barbara Ryan, Treasurer, Dana Hill, Driver Recruitment and Leo Zavatone, Director. Dispatchers are John Heiser and Tony Carrano.

Residents of our three towns wanting rides and having no other means of

transportation may call: 860-388-2693 up to noon the day before their appointment (Friday noon for a Monday ride) to schedule a ride for the following day. The destinations are within the triangle of Middletown to the north, Guilford to the west and New London to the east.

In the 1st 8 months of 2018, FISH drivers provided 644 free rides, of which 319 were for residents of Essex. This total of all rides is a 28% increase over the same 2017 time frame with much of the increase

coming this June, July and August 2018.

The modest FISH budget is funded by grants from the Essex Community Fund, the Community Foundation of Middlesex County, the Essex Rotary Club, the Essex Savings Bank, the Deep River Community Health Committee, the Town of Chester and other organizations, as well as by contributions from our drivers and friends.

Henry May,  
Driver and President

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## How to Avoid a Facelift

No one expects to have a face-lift one day. Unfortunately, many of us do not care for our skin when we are young and find ourselves in a bit of a predicament at a certain age.

Even though aging is inevitable, there are a few things you can do to slow it down and a few tricks in the beauty bag to reverse some damage.

The most important step when you are young is to protect your skin from the sun. The sun is not your friend. It may be warm and comforting, but it is not your friend. If you didn't wear a sunscreen when you were younger, I suggest you start today. Not a moisturizer that has an SPF of 15, but a separate sunscreen. If you have young girls in your life (children, grandchildren, etc.) please pass along the message.

If you smoke, it's time to stop. Smoking robs your skin of oxygen and nutrients by constricting the blood vessels in your skin, resulting in skin with no vibrancy and even a grayish hue. Smoking also breaks down collagen which is the support system in your skin, leading to wrinkles and sagging. And if that wasn't enough, the physical act of puffing on a cigarette and having smoke rise up into your eyes can cause deep set wrinkles around your eyes and mouth.

If you're still slapping on a moisturizer and running out the door in the morning, it's time to re-evaluate your routine. That barely worked when you were twenty. A mature woman needs serums, eye creams, night creams and a separate sunscreen. That includes morning and night - ok not the sunscreen at night. The point is, you can't keep falling asleep on the couch with the day's make-up on your face.

Thankfully, there are a lot of non-surgical options to keep you looking your best, even when you reach that magical age where something needs to be done. There was a time when your only option was surgery. And that may be fine for you if that's your choice but if it isn't... consider Botox to relax your worry lines and forehead wrinkles; Juvederm or Voluma to fill in lost volume in your flattened cheeks or nose to mouth lines; and finally do some research on machines to help you build collagen. Radiofrequency is a favorite of mine... it's been around for a long time, there is no down time and your under eye area can be treated safely and effectively.

If you are not happy with your appearance, there are a variety of surgical and non-surgical options available but these guidelines are a great place to start. It's never too late!

Dr. Susan O'Malley,  
Owner and Medical Director of Madison Med Spa.

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## Diabetes and the Eye

Diabetes is a disease that affects your ability to produce or use insulin to effectively control the blood sugar (glucose) levels in your body. Too much glucose in the blood for an extended amount of time can damage many parts of your body, including your eyes. According to the CDC (Centers for Disease Control and Prevention) about 90% of diabetes related vision loss can be prevented with early detection. Yet a study performed by researchers at Wills Eye Hospital saw that 60% of people with diabetes skip their annual exam needed to preserve their vision. It is imperative that people with diabetes get an annual dilated eye exam because ocular complications due to diabetes may show no signs or symptoms.

When blood vessels in the eye's retina swell, leak, or close off, or if abnormal new blood vessels grow, it is called diabetic retinopathy. People who are at a higher risk of developing diabetic retinopathy are those who have diabetes or poor blood sugar control, women who are pregnant, and people with high blood pressure or high blood lipids.

Diabetes can also cause your vision to change even if you do not have retinopathy. If your blood sugar levels change very quickly, it can affect the shape of your eye's lens which causes blurry vision. Your vision usually goes back to normal after your blood sugar stabilizes.

According to the Academy of Ophthalmology, the top 5 steps to help prevent diabetic eye diseases are:

1. Get a comprehensive dilated eye exam from your ophthalmologist at least once a year.
2. Control your blood sugar.
3. Maintain healthy blood pressure and cholesterol levels
4. Quit smoking
5. Exercise

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# Middlesex Hospital: Detecting and Treating Breast Cancer

## Middlesex Hospital is using new technology and techniques to help Connecticut women

Early detection is very important when it comes to breast cancer, the most common cancer in women in the United States, and Middlesex has invested in technology that allows for more complete imaging.

Traditionally, women have received 2D mammograms, but it can be difficult to detect potential cancers while they're still small and most treatable using these 2D images. That's why Middlesex Hospital uses 3D mammograms. These 3D images enable Middlesex radiologists to examine each layer of tissue more closely and from angles previously unavailable, resulting in a 40 percent increase in invasive breast cancer detection.

In addition, Middlesex is the only hospital in New England to

offer dual-headed molecular breast imaging, which uses a radioactive tracer to better detect breast cancer cells. Molecular breast imaging is often used in conjunction with mammograms to give patients the best possible chance at early detection.

While early detection is certainly key, how breast cancer is treated is also important, and Middlesex is always looking to improve outcomes for its patients. To that end, Middlesex recently began using the Deep Inspiration Breath-Hold Technique, which helps to keep radiation away from the heart for women receiving treatment for cancer in their left breast.

For more information on Middlesex Hospital's breast program, visit: <https://middlesexhospital.org/breastcare>.

## The annual WALK for Vista

The annual WALK for Vista fundraising event hosted by Vista Life Innovations-a post-secondary program supporting the personal success of individuals with disabilities-returns to Madison on October 28, 2018.


Open to people of all ages and abilities, the walk takes participants through Madison's beautiful downtown and coastal neighborhoods. This dog-friendly event also features raffle giveaways, team prizes and entertainment.

Members of the community are invited to participate in this impactful event benefiting Vista's programs and services, as well as the Ed Gallant Scholarship Fund, which provides scholarship opportunities to Vista students and members.

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Team Scotty - WALK for Vista

To register for the WALK, visit [www.vistalifeinnovations.org/walk](http://www.vistalifeinnovations.org/walk). All participants receive a WALK for Vista T-shirt.

For questions about the event, contact Malley O'Shea at: 860-399-8080 ext. 227 or [moshea@vistalifeinnovations.org](mailto:moshea@vistalifeinnovations.org).

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## The Essex Foundation, Inc.

Since last November, time had been at a standstill in Essex Village. The 158-year old town clock, housed in the cupola of the First Baptist Church on Prospect Street, stopped keeping time with the arrival of the cold weather. It had been keeping time and chiming on the hour for the past eight years when it was last repaired. Earlier this summer a proposal for new repair work was presented by Dick Adams, a Baptist Church volunteer whose duties include being the clock caretaker. The Town of Essex, owner of the historic clock, and The Essex Foundation, a nonprofit charitable organization, agreed to co-fund the overhaul of all motion works and transmissions behind the four dials of the clock, and the replacement of 100 feet of strike weight rope.

This September, Connecticut Timekeepers, a Stratford-based tower clock specialist, provided the services and returned the clock to full operation. Blast-All, Inc. donated the use of the lift and lift operator. The clock was a gift to the town from Theodore Dwight Pratt shortly before his death in 1860, with the provision that it be placed in the steeple of the Baptist Church. At that time, the church's steeple was the highest point in Essex and the town hall was located directly across the street.

Tending to the clock has proved challenging over the years. Gravity powers the heavy granite weights suspended from the clock that keep the clock hands moving. Three times each week, the weights need to be wound up to a height four stories above the ground, an easy but tedious chore that is performed by Mr. Adams and volunteers Dot Buron and Matt Nuss. The location of the clock four stories above ground level makes it difficult to maintain the four outside faces that are exposed to extreme weather conditions. Repairs on the clock are expensive, and because the clock is located in a private building, town funds are not always available to cover costs.

The Essex Foundation has provided assistance in the past and looks to establish a designated fund for ongoing maintenance and repair. The hope is that the Town will also set up a sinking fund for the clock in its annual budget.

Anyone interested in being a volunteer clock winder should contact Mr. Adams. More information can be found at: [www.theessexfoundation.org](http://www.theessexfoundation.org) or by emailing: [contact@theessexfoundation.org](mailto:contact@theessexfoundation.org).

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**Deep River \$399,000**  
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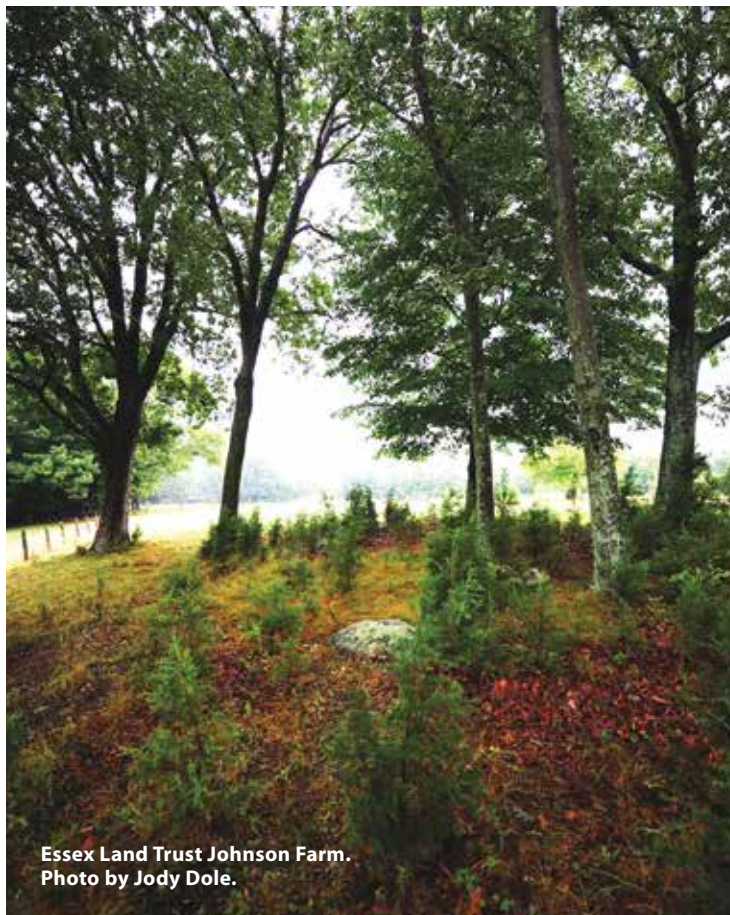
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Essex Land Trust Johnson Farm.  
Photo by Jody Dole.

## Upcoming Essex Land Trust Events

The Essex Land Trust annually organizes a calendar of diverse events including hikes, lectures, nature talks, canoeing and kayaking trips, all featuring guest speakers and knowledgeable naturalists. All of these events are free and open to the general public.

**Saturday, October 20, 7:30 am**

### Ivoryton Village Green Annual Ivoryton Library Pumpkin Chase 5K.

Co-sponsored in part by the Essex Land Trust, the Ivoryton Pumpkin Chase benefits the Ivoryton Library and its programs. The 5K-race course winds through Ivoryton Village and the Essex Land Trust's Falls River Preserve. 5K prizes awarded in 10 age groups. Runners 8 and under running in the Kids' Fun Run will be given medals and invited to stay for craft and story time. Registration begins at the Ivoryton Village green at 7:30 am. Race starts at 8:45 am for children and at 9:15 am for adults. Parking in designated lots. Rain or shine.

**Saturday, November 3, 9:00 am**

### Falls River Drive, Ivoryton.

### Hike Falls River Preserve.

A beautiful autumn walk, the Falls River preserve is a 40-acre

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peninsula of forest and ledge projecting into Mill Pond on the Falls River. The more challenging trails cross over ledges of 800-million-year-old metamorphic schist forming the peninsula's spine. The Falls River was dammed in the 18th century to provide waterpower to run a gristmill, a sawmill and an iron works over the years. The land has been used for logging and pasture as recently as the 1930s. Bad weather cancels.

**Saturday, November 17, 9:00 am**  
**Cross Lots Preserve, 40 West Avenue, Essex.**  
**Cross Lots Clean up.**

Cross Lots lovers and dog walkers: come help us put this Land Trust preserve to bed for the winter, get a mild work out and connect with your neighbors in a beautiful setting. Refreshments will be provided. Please bring rakes, blowers, etc. Families welcome. Rain date: Sunday, November 18.

**December 8, 9:00 am**  
**Read Hill Street, Ivoryton Year-end hike at Johnson Farm.**  
 Once a working farm, this 49-acre jewel of fields and forest in Ivoryton now offers trails across fields and through the woods. There are beautiful open sky vistas from several locations. If windy, bring a kite to fly. Trails are easy to moderate. Leashed dogs welcome. Park in parking lot on Read Hill Street, off of Comstock Rd. Bad weather cancels.



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# Essex Land Trust - Canfield Woods: Dedication to an Idea



In 2018, the Essex Land Trust is celebrating 50 years of preserving and enhancing our community's open space and natural resources for the benefit of future generations.

Canfield Woods is one of the area's most popular parks, a preserve of wooded trails, rocky outcroppings and abundant wildlife. Together with its contiguous neighbor Meadow Woods, the two comprise more than 300 acres of hilly, forested land with mixed old-and new growth forest.

It came into being 40 years ago, thanks to a team of citizens, town administrators and government agencies dedicated to the idea of preserving open space for the use and enjoyment of future generations.

Creating the preserve was no easy task, and, at one point, it looked as though the 226 acres would be offered up for the residential development for which it was zoned. In the end, it took patience, sacrifice and compromise to bring Canfield Woods into being. As such, it was an object lesson for those involved in future land donations on a grand scale, including the 1,000-acre Preserve.



Mr. & Mrs. Earl Canfield at their home in Book Hill Road, Essex

It began with a 1976 proposal from Earl and Margaret Canfield, longtime residents of Deep River, to give over control of 226 acres in Deep River and Essex to be used as open space. The couple would donate half the appraised value of the land to the two towns, and they, in turn, would obtain the remainder of the funds from the Dept. of the Interior's Bureau of Outdoor Recreation (BOR).

The Canfields had already made one gift to the Town of Essex, the **continued on page 34**

**ESSEX VILLAGE** — "Renovated to perfection" describes this single story home with 3 bedrooms, 2 ½ baths, fireplace, and an abundance of charm with custom details found in higher-priced homes. Attached garage & level .5 acre lot with gardens designed around rock outcroppings and bordered by stone walls. **\$599,000**




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## Canfield Woods... continued from page 32

tract of land known as Meadow Woods. That had “met with such success that we chose to see this land [Canfield Woods] used in a similar fashion,” Earl Canfield said.

The saga began in March of 1977. Jerome Silverstein, an appraiser chosen by the towns, walked the property and submitted an approximate valuation of \$3,500 per acre for the 116 acres of land in Essex, \$2,500 for the 109 acres in Deep River. Meanwhile, voters had authorized the two towns to apply for the federal funds that would help pay for the property and applications had been forwarded to the BOR.

Then, the state DEP called for a second appraisal. Robert Palmer, an appraiser chosen by the state and approved by the DEP, suggested the first appraisal was too high and the BOR would likely not accept it. The second appraisal came in at “slightly under \$2,000 per acre” and Canfield, saying he could not accept the latest figures, withdrew the offer.

It was the nadir; the year-old proposal looked dead in the water. Lorraine Wallace, Deep River First Selectman, expressed doubt

Left: The magnitude of the Canfield Family generosity can be best appreciated by looking at this new map of the property. With 15 different trails and numerous points of interest, it is easy to appreciate why this property is a popular destination.





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that talks would continue. Carl Ellison, First Selectman of Essex, expecting no further action by the town, says he's "disappointed that it did not work out." But the idea persisted. In late November, newly elected Essex First Selectman Richard Riggio set up a meeting with Canfield, Silverstein and Jerry Knight from the DEP's Open Space Acquisition Unit to come up with a third set of figures. "We think we will finally get this thing completed," Riggio said. Canfield re-opened his offer, expressing hope that a middle ground can be found between the two appraisals. The meeting resulted in an agreement between Silverstein and Knight to study Silverstein's original figures.

The DEP completed its review in mid-February 1978 and a compromise appraisal figure of \$497,200 was reached, \$185,000 less than the original figure, \$64,000 higher than the DEP's appraisal. Canfield, the DEP and both towns accepted it. The BOR still had to OK the figures and release the funds. In early May, word came from Capitol Hill in Washington that the BOR had accepted the figures and US Rep. Chris Dodd said a formal announcement was "imminent." On May 25, the BOR accepted the appraisal figure. It was the last major hurdle. The closing took place in September at the Essex offices of the Connecticut River Estuary Regional Planning Agency where Canfield signed over deeds to 226.09 acres to the towns. Ending 40 years of what he termed his family's stewardship of the land, Canfield said, "[We] derive great pleasure knowing that generations of people will enjoy Canfield Woods." Said Deep River First Selectman Wallace, after "two and a half years of ups and downs, we've at last come to this. I'm pleased."

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## Essex Historical Society

Warm up this fall and winter by celebrating your community with Essex Historical Society. All events are free. Information at: [www.essexhistory.org](http://www.essexhistory.org) and 860-767-0681.

### EHS ANNUAL MEETING

October 21, 4:00 pm,

Overabove, 6 Main Street, Centerbrook

Visit the historic "Witch Hazel Works" to learn how EHS's marketing partner Overabove uses the latest technology to promote sites such as Mystic Seaport and Colonial Williamsburg. Discover how Overabove created an e-magazine for EHS in support of our Follow the Falls project with Essex Land Trust. Visit our Follow the Falls e-mag at: [www.essexhistory.org](http://www.essexhistory.org).

### TRICK OR TREAT AT PRATT HOUSE

Oct. 31, twilight,

19 West Avenue

"Witch Hazel" hands out treats at our not-at-all-haunted historic house!

### A PATRIOTIC SALUTE: HONORING A CENTURY OF SERVICE

November 4, 3:00 pm,

Deep River Town Hall

To mark the 100th anniversary of the end of WWI and 100 years of women serving in the US military, the historical societies of Chester, Deep River and Essex will sponsor a concert of patriotic music led by the Corinthian Jazz Band. Photographs of veterans from WWI-present will be featured. Contact EHS at: [mjosefiak@essexhistory.org](mailto:mjosefiak@essexhistory.org), to include your veteran's photo.



Visit EHS's beautifully decorated Pratt House this Thanksgiving Weekend. Photo courtesy of EHS.

**HOLIDAY HOURS AT PRATT HOUSE,  
THANKSGIVING WEEKEND**

November 23 & 24, 11:00 am - 2:00 pm  
19 West Avenue  
Usher in the holiday season at our beautifully decorated Pratt House. Museum shop open.

**TREES IN THE RIGGING PARADE**

November 25, 4:30 pm  
Essex Town Hall  
Join festive revelers for this annual holiday event with fife and drum corps, caroling, vintage cars and more!

**EHS ANNUAL HOLIDAY PARTY**

December 2, 2:00 pm - 4:00 pm  
Pratt House, 19 West Avenue  
Celebrate the holidays with food, drink and merrymaking.

**LECTURE SERIES, 2018**

Save the dates for EHS's popular Winter Lecture Series:  
January, 6, 20 and 27, 2019; Sundays at 3:00 pm.  
Co-sponsored with our hosts, Essex Meadows,  
30 Bokum Road.



Join Essex Historical Society, Essex Board of Trade and the CT River Museum for the music, caroling and festivities of the Trees in the Rigging Parade, Nov. 25 at 4:30 pm, starting at Essex Town Hall. Photo courtesy of Scott Konrad.



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## Ivoryton Playhouse

Ivoryton is the place to be this autumn with plenty of events and entertainment throughout the fall months and into the holidays.



At the Ivoryton Playhouse, don't miss the world premiere of *The Queens of the Golden Mask* opening Wednesday, October 31st. It is summer, 1961, and in Celestial, Alabama, it's hotter'n a blister bug in a pepper patch. It is especially steamy in the kitchen of the Sage household where the matriarch, Ida, has gathered her friends around her to meet the new girl in town. How will Rose from Ohio fit in with the ladies of Celestial who bake pies, sell Avon and belong to the Ku Klux Klan? This brand new play by Carole Lockwood tells a story of the complications of family and friendship and the normalizing of hate. Runs until November 11th. Directed by Jacqueline Hubbard.

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To honor all who served on Veterans Day, the Playhouse is proud to present *Arlington Sons* to be performed by David Pittsinger and his son Richard. This moving piece was personally commissioned by David to honor his late father - a US Army veteran and distinguished guard at Arlington National Cemetery. Two performances only: November 12th at: 2:00 pm and 7:30 pm.

Fall quickly turns into the holiday season - the brightest and merriest time of the year for Ivoryton! Save the Date of Saturday, December 1st (from 5:00 pm) for the ninth annual Ivoryton Illuminations. Santa arrives and 450,000 lights are switched on throughout the village. The lights are on throughout the month of December.

To celebrate the season of goodwill, we have two very special holiday shows for young and old. Back by popular demand, An Ivoryton Playhouse Christmas Hour with David Pittsinger and Friends will be on stage for five performances only from December 5th - 8th. It will be an old fashioned Christmas celebration of holiday standards and sacred songs featuring David Pittsinger and Patricia Schuman, with Carly Callahan, and other special guests. Baby, it's gonna be cold outside - come to the Ivoryton Playhouse to warm your heart with the wonderful voices of David, Pat and friends.



Finally, bring the whole family to the Ivoryton Playhouse for *A Coney Island Christmas*. Meet Shirley Abramowitz, a young Jewish girl who (much to her immigrant parents' exasperation) is cast as Jesus in the school's Christmas pageant. As Shirley, now much older, recounts the memorable story to her great-granddaughter, the play captures a timeless and universal tale of what it means to be an American during the holidays. By Pulitzer Prize-winner Donald Margulies this is a holiday show for people of all ages and all faiths. On stage from December 13th - December 23rd for 11 performances.

Visit [www.ivorytonplayhouse.org](http://www.ivorytonplayhouse.org) for more information or call our box office at: 860-767-7318 to purchase tickets.

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# Annual Tri-Town Veterans Day Parade

*Armistice Day Celebration*



Sunday, November 11, 2018 - 1:00 pm  
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ELEMENTARY SCHOOL

*Listen for all Church Bells to ring  
at 11:00 am 11/11/2018*

All Veterans & Active Duty welcomed  
Info 860-204-9473



## Please also join us for... A Patriotic Salute - Honoring a Century of Service

Marking the 100th anniversary of the end of WWI &  
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Sunday, Nov. 4 at 3:00 pm | Deep River Town Hall Auditorium

A slide show of photos of tri-town veterans from all wars  
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# Connecticut River Museum News

We enjoyed a very dynamic summer season here. Our campus was bustling with activity from all ages! Once again, our Summer Adventure Camps were animated with children from our local towns and even as far away as well as New York, Pennsylvania, Washington DC, Virginia, and Florida!

The Onrust again plied the waters of the Connecticut River to the delight of our patrons; and our Thursdays on the Dock were well attended with musical choices ranging from Sea Chanteys to good old Rock and Roll! Stephen Gencarella brought in a full house as he shared some of his fantastic stories of the prophets, vagabonds, fortune-tellers, hermits, lords, and poets who shaped New England from his book *Wicked, Weird and Wily Yankees*.

## COMING UP

As Halloween approaches, come experience our 2nd Haunted River, a spooky theatrical production you won't soon forget. At Haunted River, a guided tour and interactive performance will help you get to know some of the characters and legends that make the Connecticut River so full of folklore and mystery. Haunted River will take place Friday, October 26 through Sunday, October 28.

We are proud to offer the family friendly Holiday Train Show exhibit back at the Connecticut River Museum in Essex for its

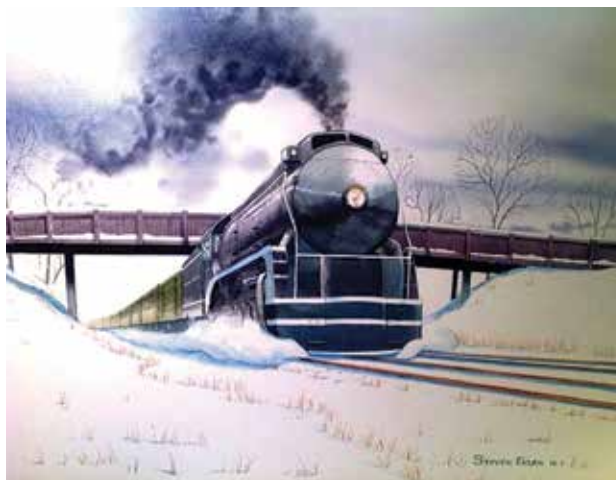


Photo by Steve Cryan; Streamliner

twenty-fifth year of fun for all ages. This year's theme, The Era of the Streamliners, will once again showcase train artist Steve Cryan's train and scenery magic!

Join the Trees in the Rigging Boat Parade on November 25th, there is no better way to kick off the holiday season. Don't delay; get your entry in now! All boats are welcome to ring in the season on November 25th. For more information and to sign up for the Boat Parade, please contact Allison Kyff at [akyff@ctrivermuseum.org](mailto:akyff@ctrivermuseum.org).



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- Lenny & Joe's Fish Tale
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*Did you know that one out of seven students are either a bully or a victim of bullying? And that an estimated 160,000 children miss school each day for fear of intimidation or attack?* Mean-spirited behavior is everywhere - the playground, school hallways, the workplace, and more often, online. It is up to each and every one of us to put an end to bullying by learning more about the issues, and the available resources for empowering individuals to stand up for themselves and others.

**Help make Middlesex County a bully-free community.** Join us as we work together to make each and every community a positive place for change. For more information, call us at the Community Foundation of Middlesex County at 860-347-0025 or go to [www.bullyfreemiddlesexcountycf.org](http://www.bullyfreemiddlesexcountycf.org).

# TAKE THE PLEDGE.

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## Meet the Sailing Masters of 1812

The Sailing Masters of 1812 of Essex, CT, is a Fife and Drum Corps founded in 1963. The Sailing Masters are an Essex and CT River Valley institution. The men and women of the Corps are a part of living history, and continue the art and performance of “ancient” fife and drumming.

You’ve seen us marching down Main Street every May on “Commemoration Day,” looking sharp in our “USS CONSTITUTION” uniforms with our distinctive “fore and aft” hats, leading the parade of a dozen historical fife and drum corps through town to remember the burning of all the ships, cordage and sail lofts (and the rum!) in the village by the British during the War of 1812. You’ve also seen us marching up Main Street wearing our groundhog hats to welcome “Essex Ed” on Groundhog Day, and leading the annual Essex Halloween parade decked out in our favorite costumes. We can also be found celebrating in the “Essex Go Bragh” Parade, and kicking off the Essex Holiday Season with the “Trees in the Rigging” celebration on Thanksgiving weekend. Or you may have enjoyed us playing Christmas Carols outside the Griswold Inn during our annual “March to the Gris.”

Essex is truly a Town for all seasons, and the Sailing Masters are in the heart and soul of Essex. If you would like to be part of “Living History” and really experience everything Essex, the Sailing Masters invite you to “Come Aboard!” No previous musical experience is required. Celebrate Essex and discover a wonderful world of music, fun and camaraderie. You can chose from fife, snare drum, bass drum, and color guard (carry a flag). For more information please call Vicki Miorelli at: 860-212-1606 or email at: [fifer1812@sbcglobal.net](mailto:fifer1812@sbcglobal.net); or Joe Diedrich at: 203-901-0945 or email at: [gatosn615@yahoo.com](mailto:gatosn615@yahoo.com).

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Carefree Maple Leaf Gourd Workshop	(Oct 28)
Acrylic Painting Studio	(Weekly Dates TBD)
Drawing Classes	(Weekly Dates TBD)
Hands On How to Photograph Your Artwork Workshop	(Nov. 4)
Creative Hands - Clay Hand Building Class	(Nov. 5 - Dec. 3)
Autumn Origami Wreath Workshop	(Nov. 11)
Open Reception of The Holiday Show	(Nov. 16)
Holiday Show at Spectrum Art Gallery	(Nov. 16 - Jan. 13)
Holiday Wreath Design Workshop	(Dec. 9)

Spectrum Art Gallery is located at 61 Main St. Centerbrook, CT.  
 Register online at: [www.spectrumartgallery.org](http://www.spectrumartgallery.org) or call: 860-663-5593.


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## Connecticut Cancer Foundation - John & Jane Ellis by Sigrid Kun

### An enduring promise to help Connecticut cancer patients and their families.

The story of John and Jane Ellis is one of love, inspiration and dedication. She says he had the vision. He says she's the angel who does everything. Together, they are strong individuals who never wavered since John made a most solemn promise.

Born in New London, John was a high school standout in football and baseball. He went on to a 13-year major league baseball career. The catcher debuted in 1969 with the New York Yankees (1969-1972), hitting a home run in his first at bat. He also played for the Cleveland Indians (1973-1975) and Texas Rangers (1976-1981).

A routine life insurance examination revealed a spot. He had been a picture of health - jogging 10 miles a day. At age 38, the 1971 Topps All-Star Rookie had Hodgkin's lymphoma. He had already lost a brother, sister and sister-in-law, each to cancer. "Sitting there in the hole, getting your juice, and breaking it down. I made a deal," explains John. "If you let me live, I'm going to do this. I said I'd dedicate my whole life to the needs of the needy."

That was 1987. Together, the couple started a foundation whose mission has remained steadfast - to provide financial assistance to Connecticut cancer patients and their families and to fund cancer research. He is the Chairman/Founder. She is the President and Executive Director. The formula is simple. Many individuals affected by cancer struggle with basic living necessities. The foundation is there to help.

Oncology social workers in Connecticut provide referrals to the foundation. Applications are reviewed each Monday, with grants made within a week - an unheard of turnaround. If there is an emergency, they will do what they can right away. "It's all local. "You know where the money is going and that makes us unique," notes Jane. To date, the foundation has provided almost \$6 million in financial assistance to CT families and over \$2 million to lymphoma research. A \$7 million endowment ensures its future.

Their signature fundraiser is an annual celebrity dinner first held in 1988 at the Groton Motor Inn. Mickey Mantle, Whitey Ford and Billy Martin were there. "It was like a group of friends, getting together and telling stories," relates Jane. "It was special." The event raised \$100,000. At the end of the evening, Mickey observed "I hope this foundation goes on forever."

The event has grown markedly and is now hosted by a key corporate partner, Mohegan Sun. The next celebrity dinner will be held on February 8, 2019. The list of attendees are a testament to the relationships/trust that the couple forged over the years: Don Zimmer (who once released John), Yogi Berra, Derek Jeter, David Ortiz, Hank Aaron, Carl Yastrzemski, Joe Torre, Reggie Jackson, Mariano Rivera, and Roger



Left, John and Jane Ellis. Below, from the left, Derek Jeter, Didi Gregorius, Tommy Kahnle and David Robertson attending the 2018 Celebrity Dinner at Mohegan Sun.



New location, right, at 15 North Main Street in Old Saybrook.



Clemens. There are new fundraising initiatives: Cycle Against Cancer, the Fishing Against Cancer tournament, and a Speakers Program.

The foundation recently (July 2017) opened its new location at 15 North Main Street in Old Saybrook. Every aspect of the new facility focuses on the foundation's mission. There is a Hall of Fame. "It's a museum piece," says John. "A tribute to some of the wonderful baseball players who helped literally to build the foundation." There is an art gallery to hold exhibits benefitting the foundation. In fact, the inaugural art gallery exhibition (Horses: In Harmony) takes place from September 28 to October 26. "It's the infrastructure for the next 30 years," says Jane.

John and Jane have assembled plenty of stories. John laughs over that second celebrity dinner when Joe DiMaggio wouldn't sign memorabilia Whitey Ford brought along for him to sign. Yogi Berra successfully intervened. And then there was a single mother whose child was suffering from a rare cancer. "I'll never forget that for the rest of my life," recounts Jane. "They were homeless. She didn't know how to feed her children that evening. We gave her \$2,000. That gave her hope. We continued to help her. We got furniture... I had John schlep it all in his truck."

Thirty years ago, the couple wondered if they'd still be needed. Surely, cancer would be beaten already. "Our mission is more relevant today than 30 years ago," explains Jane. "Everyday expenses...it's so much more expensive to live. Our help is needed more than ever." "There's plenty of work here," adds John. "We look forward to making sure the foundation goes on and on."

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